



Foothills Area Program

Resource Directory

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Alexander County



- **AA / Al-Anon Family Support, AL-A-Teen**
Phone: 828-632-7005
- **Alexander County Center – CVCC**
Phone: 828-632-8221
- **Alexander County Clerk of Court**
Phone: 828-632-2215
- **Alexander County Council on Aging**
Phone: 828-632-1717
- **Alexander County Department of Social Services**
Phone: 828-632-1080
After Hours
Phone: (Contact through Sheriff's Department) 828-632-4659
- **Alexander County Detention Center**
Phone: 828-632-1141
- **Alexander County Family Resource Center**
Phone: 828-635-0728
- **Alexander County Health Department**
Phone: 828-632-9704
Fax: 828-632-9008
- **Alexander County Hospice**
Phone: 828-632-5026
- **Alexander County Magistrate**
Phone: 828-632-4689
- **Alexander County Nutrition Program for the Elderly**
Phone: 828-632-4133
Home Delivered Meals for the Elderly
- **Alexander County Partnership for Children**
Phone: 828-632-3799
- **Alexander County Probation**
Adolescent - Phone: 828-632-8236
Adult – Phone: 828-632-6511
Intensive – Phone: 828-632-6022



- **Alexander County Public Library**
Phone: 828-632-4058
- **Alexander County Public Schools**
828-632-7001
- **Alexander County Recreation Department**
Phone: 828-632-1104
- **Alexander County Senior Center**
Phone: 828-632-1717
- **Alexander County Sheriff's Department**
Phone: 828-632-4659
Fax: 828-632-1099
- **Alexander County Transportation Office for Elderly or Disabled**
Phone: 828-632-1112
- **Alexander County Transportation Office for Medicaid Recipients**
Phone: 828-632-1080
- **Alexander County YMCA**
Phone: 828-632-2232
- **Alexander Head Start**
Phone: 828-632-3809
- **Ambulance, Fire, other emergency**
Phone: 911
- **Christian Crisis Center**
Phone: 828-632-0022
- **Christian Women's Job Corp**
Phone: 828-632-6546
- **Developmental Evaluation Center – Conover (DEC)**
Phone: 828-466-5594
- **Domestic Violence Family Resource Center**
Phone: 828-635-8881
Phone: 800-728-3413 (Toll Free)



- **East Taylorsville Baptist Church**
Phone: 828-632-2564
- **Employment Security Commission**
Phone: 828-632-7689
- **Family Resource Center**
Phone: 828-635-0728
- **Family, Infant, and Preschool Program**
Phone: 800-822-FIPP (Toll Free)
- **Geri-Go-Round (Transportation for the elderly, children, disabled)**
Phone: 828-632-4143
- **Habitat for Humanity**
Phone: 828-635-7889
- **Handi-Care (Services to the elderly and disabled individuals)**
Phone: 828-437-8429
Phone: 800-435-9251 (Toll Free)
Fax: 828-437-1294
E-Mail: care@hci.net
- **Health Choice/Health Check**
Phone: 828-632-3799
- **Hiddenite Center for the Arts**
Phone: 828-632-6966
- **Hospice and Home Care of Alexander Co, Inc.**
Phone: 828-632-5026
Fax: 828-632-3707
- **Interagency Coordinating Council**
Phone: 828-635-0728
- **Salvation Army & Thrift Store**
Phone: 828-632-3832
- **Second Mile Store (under Mack's Pharmacy)**
Local Churches in Stony Point
- **Stony Point Ministerial Association**
Phone: 704-585-9982



- **Taylorsville Police Department**
Phone: 828-632-2218
- **Vocational Rehabilitation (Catawba County)**
Phone: 828-294-0120

Adult Care Homes – Alexander County

- **Belle's View Adult Care**
Phone: 828-632-7940
- **Shady Rest Home**
Phone: 828-632-4443
- **Taylorsville House**
Phone: 828-635-8989

Nursing Homes – Alexander County

- **Valley Nursing Center**
Phone: 828-632-8146



Alexander Area 12-Step Meetings

AA, AL-Anon, NA, ACOA

Day	Time	Type	Place	Comments
Monday	8:00 pm	AA	First Baptist Church Main Street Taylorsville	Open Families Welcome
Tuesday	8:00 pm	AA	Mt. Pisgah Lutheran Church Bethlehem	Closed
Tuesday	8:00 pm	Al-Anon	Mt. Pisgah Lutheran Church Bethlehem	
Thursday	8:00 pm	AA	First Baptist Church Main Street Taylorsville	Closed Meeting
Friday	8:00 pm	AA	ARP Church Stony Point, NC	Open Next to Dairy Bar
Friday	8:00 pm	AA	Mt. Pisgah Lutheran Church Bethlehem	Open
Friday	8:00 pm	Al-Anon	Mt. Pisgah Lutheran Church Bethlehem	
Narcotics Anonymous				
Sunday	8:00 pm	NA	Taylorsville Presbyterian Church Taylorsville	Next to Adams Funeral Home
Wednesday	8:00 pm	NA	Taylorsville Presbyterian Church Taylorsville	Next to Adams Funeral Home
Adult Children of Alcoholics				
Sunday	7:00 pm	ACOA	Women's Resource Center 328 N. Center Street Hickory	
Monday	7:00 pm	ACOA	First United Methodist Church 311 3 rd Avenue Hickory	322-6058
Wednesday	7:00 pm	ACOA	Home of Stephanie 2513 Pinoak Drive Mountain View	294-3731
Thursday	7:30 pm	ACOA	St. Andrew's Lutheran Church 629 8 th Street, NE Hickory	3 rd Floor 326-9802

Open – Meeting open to anyone interested in the program
 Closed – Meeting for those who desire to stop drinking/drugging
 To verify meeting, call the Alexander Mental Health Center at 828-632-7005
 NA Answering Service (Meeting Information): 828-431-8353 or 828-323-3752
 AA Hotline: 828-327-4911



Burke County



- **Alcoholics Anonymous Hotline**
Phone: 828-433-4440
- **Aid to Victims of Sexual Assault (Catawba County)**
Phone: 828-322-6011
- **American Red Cross**
Phone: 828-438-8844 or 828-437-1911 (nights, weekends, and holidays)
Website: www.hci.net/barc
- **"Are You Okay" Telephone Reassurance Program**
Burke County Sheriff's Department
Phone: 828-438-5508
- **Clara Atchley, MA, LPC**
Phone: 828-433-9190
- **Autism Society of North Carolina**
Phone: 919-571-8555
800-442-2762
- **Big Brothers/Big Sisters**
Phone: 828-430-8357
Fax: 828-433-7421
- **Blue Ridge Community Action**
Phone: 828-438-6255
Fax: 828-433-5721
Website: www.brcaing.org
- **Bringing It All Back Home Study Center**
Phone: 828-433-7176
- **Broughton Hospital**
Phone: 828-433-2111
Fax: 828-433-2082
Admission – Phone: 828-433-2071
- **Burke Council on Alcoholism and Chemical Dependency**
Phone: 828-433-1221
- **Burke County Adolescent Pregnancy Prevention Program**
Phone: 828-433-7676



- **Burke County Clerk of Court**
Phone: 828-432-2811
- **Burke County Council on Aging**
Phone: 828-430-4147
- **Burke Council on Alcohol and Chemical Dependency**
Phone: 828-433-1221
Website: www.hci.net/~thunder/
- **Burke County Department of Social Services**
Phone: 828-439-2000 and 828-439-2003
Fax: 828-430-3148
CPS Hot-Line No: 828-439-2009
Phone After Hours (Contact Sheriff Dept): 828-438-5500
- **Burke County Families for Kids**
Contact: Ronda Hedrick, Program Coordinator
Phone: 828-439-2042
- **Burke County Health Department**
Phone: 828-439-4400
Fax: 828-439-4444
- **Burke County Health Department Dental Clinic**
Dentist: Perry Justice, DDS
Phone: 828-439-2356
- **Burke County Jail**
Phone: 828-438-5481
- **Burke County Literacy Council**
Phone: 828-437-7477
- **Burke County Magistrate**
Phone: 828-432-2817
- **Burke County Probation**
Adolescent - Phone: 828-432-2845
Adult - Phone: 828-432-2822
Intensive - Phone: 828-438-6016



- **Burke County Sheriff's Office**
 Phone: 828-438-5500
 Fax: 828-438-5469
 (Juvenile Division)
 Contact: Detective Bonnie Carico
 Phone: 828-438-5521

- **Burke County United Way — First Call for Help**
 Contact: Theresa Cook
 Phone: 828-438-BURK (2875)

- **Burke Pregnancy Care Center**
 Phone: 828-437-4357

- **Burke United Christian Ministries**
 Phone: 828-433-8075

- **Camp Hope**
 Contact: Hospice of Burke County
 Phone: 828-879-1601
 828-879-7296 (TDD)

- **Catawba Valley Community College Dental Hygiene Clinic**
 Phone: 828-327-7000, ext. 4162

- **Catawba Valley Legal Services (Income Eligible)**
 Phone: 828-437-8280
 Phone: 800-222-0413 (Toll Free)

- **Child Advocacy Center**
 Contact: Olga Propst, Director
 Phone: 828-430-9949

- **Child Care Connections**
 Phone: 828-439-2328

- **City of Morganton (Police Department)**
 Phone: 828-438-5290

- **Conflict Resolution Center**
 Phone: 828-584-2191
 Referrals: 828-437-7414
 Fax: 828-584-6604
 E-Mail: conflictresctr@hci.net
 Website: peacepipeline.com



- **Consumer Credit Counseling**
Phone: 828-438-3880
- **Counseling Services, Family & individual**
Phone: 828-438-3880
- **Cup of Cheer**
Contact: Charlie Sassar
Phone: 828-437-0843
- **Custody Mediation Services**
Contact: Sandra Shuford, Program Director
Phone: 828-465-8943
- **Department of Juvenile Justice/Court Counselor Division**
Phone: 828-432-2845
- **East Burke Senior Center**
Phone: 828-397-7000
- **East Burke United Christian Ministries**
Phone: 828-397-7074
- **Eckerd Wilderness Camp**
Camp E-Toh-Ka-Lu phone: 1-800-237-0308 (1-year program)
Referral Contact Person: Beth Robinson, Department of Human Resources
Phone: 828-227-7060
Camp E-Toh-Ka-Lu phone: 336-921-3300 (9-months, Boomer, NC)
Referral Contact Person: Dwaine Phifer
Department of Public Instruction
Phone: 336-246-4716
- **Employment Security Commission**
Phone: 828-438-6161
- **Family Guidance Center**
103 North Green St. Suite D
Morganton, NC
Contacts: Michelle Coates
Phone: 828-438-3880



- **Family, Infant, and Preschool Program**
Phone: 828-433-2661
Phone: 800-822-FIPP (Toll Free)
- **Family Support Network of Catawba County**
Phone: 828-433-2864
Phone: 800-822-3477 (Toll Free)
- **Family Support Network/HOPE**
Phone: 828-433-2661
- **First Call For Help**
Phone: 828-438-2875
<http://www.bcuw.org/firstcall.html>
- **Flynn Christian Fellowship Home**
Phone: 828-437-9491
- **Foster Grandparent Program**
Phone: 828-433-2870
- **Good Samaritan Clinic**
Phone: 828-439-9948
Clinic Hours:
Monday, 5:00 — 7:00 p.m. Tuesday and Thursday, 5:00 — 7:30 p.m.
- **Governor Morehead Preschool for Children with Visual Impairments**
Phone: 828-433-2980
- **Grace Center for Behavioral Medicine**
Phone: 828-438-2600
- **Grace Hospital**
Phone: 828-580-5000
Emergency Room - Phone: 828-580-6035
- **The Green Thumb**
Substance Abuse Assessment & Counseling
Phone: 828-433-1221
- **Habitat for Humanity of Burke County**
Phone: 828-437-0370



- **Hospice of Burke County**
Phone: 828-879-1601
- **Huffman-Cornwell Foundation**
Contact: Randall Brackett, Central Office
Phone: 828-439-4305
- **Just Girls**
Contact: Deborah Fleming, Clinical Services Director at Repay, Inc.
Phone: 828-437-6268 ext. 17
- **Kids Helping Kids**
Contact: Jamye C. Christy, Faith Community Coordinator
Phone: 828-437-9013
- **Lifegains, Inc.**
Phone: 828-433-0233
- **Lifeworks**
Phone: 828-437-6902
- **March of Dimes Birth Defect Foundation**
Phone: 828-437-8397
- **Mental Health Association of NC**
Phone: 438-8921
- **North Carolina Health Choice for Children**
Contact: Applications are available from the School Nurse, Health Department, and DSS
Phone: 800-367-2229
- **North Carolina School for the Deaf**
Phone: 828-433-9723
- **Options, Inc.**
Phone: 828-438-9444
- **Phoenix Group Homes, Inc.**
Phoenix Home for Boys - Phone: 828-437-4789
Phoenix Home for Girls - Phone: 828-584-4571
- **Salvation Army**
Phone: 828-430-8392
828-322-8061



- **Southmountain Children's Home**
Phone: 828-584-1105
Website: <http://www.southmountain.org>
- **Three Springs of North Carolina**
Pittsboro, NC -
Phone: 336-685-0421
- **Valdese General Hospital**
Phone: 828-874-2251
Caldwell Phone: 828-758-2502
- **Valdese Police Department**
Phone: 828-879-2120
- **Vocational Rehabilitation Services**
Phone: 828-438-6293
- **Volunteer Families for Children**
Contact: Mary Bradley-Ayers
Phone: 828-584-1110
- **Women's Shelter – Options**
Phone: 828-438-9444
- **Vicki Wood, Ph.D.**
Phone: 828-433-5790

Burke County Housing / Apartments

- **Agape Retirement Apartments**
Phone: 282-874-3463
- **Buena Vista Apartments**
Phone: 282-437-2312
E-Mail: buenavist@vistatech.net
Website: www.cmc-nc.com
- **College Oaks Shared Housing**
Owned by Valdese General Hospital
Phone: 828-879-2265



- **Grace Life Care, Inc. d/b/a Grace Ridge**
Phone: 828-433-0061
- **Green Acres Apartments**
Phone: 828-437-9101
- **Southmont Apartments**
Phone: 828-437-2323
- **Townsquare Apartments**
Phone: 430-8166
- **The Willows Apartments**
Phone: 828-438-3690

Burke County Adult Care Homes

- **Autumn Care of Drexel**
Phone: 828-433-6180
- **Burke Long Term Care Facility**
Phone: 828-433-5875
- **Cable's Family Care Home**
Phone: 828-433-6509
- **Cambridge House**
Phone: 828-325-4980
Fax: 828-325-4982
- **Chesterfield Adult Care Home**
Phone: 828-437-5164
- **College Pines Nursing Center**
Phone: 828-874-6800
- **Country Pines Family Care I**
Phone: 828-437-6544
- **Country Pines Family Care II**
Phone: 828-437-2886
- **Days of Comfort Family Care**
Phone: 828-437-6116



- **East View Family Care**
Phone: 828-397-6090
- **Fairview Rest Home**
Phone: 828-879-9510
- **Glen Alpine Family Care**
Phone: 828-584-3970
- **Glenda's Plantation**
Phone: 828-584-6527
- **Grace Life Care, Inc. d/b/a Grace Ridge**
Phone: 828-433-0061
- **Jonas Ridge Rest Home, Inc.**
Phone: 828-733-2224
- **Kathy Rest Home**
Phone: 282-584-1361
- **Linville Heights Family Care Home**
Phone: 828-584-2360
- **Longview Assisted Living**
Phone: 828-437-6846
Fax: 828-437-6875
- **McAlpine Adult Care, Inc.**
Phone: 828-584-4513
- **Morganton Long Term Care Facility**
Phone: 828-433-7056
- **Morganton Long Term Care**
Phone: 828-433-5069
- **Mountain View Family Care I, II**
Home I – Phone: 828-584-2929
Home II – Phone: 828-584-8159
- **Quaker Meadows Family Care Home**
Phone: 828-433-5875



- **Windy Hill Rest Home**
Phone: 828-437-8700

Burke County Nursing Homes

- **Autumn Care of Drexel**
Phone: 828-433-6180
- **Britthaven of Morganton**
Phone: 828-437-8760
- **College Pines Nursing Center**
Phone: 828-874-6800
- **Grace Heights**
Phone: 828-430-7750
- **Grace Life Care, Inc. d/b/a Grace Ridge**
Phone: 828-433-0061

Burke Area 12-Step Meetings AA, AL-Anon, NA, ACOA

Day	Time	Place	Comments
Monday	10:00 am	The Recovery Club Old St. Paul's Church Rd Newton	CD / NS
Monday	12:00 Noon	Queen Street Club 923 East Union Street Highway 70 Morganton	OD / SM Brown Bag Bunch
Monday	12:00 Noon	High Noon Group St. Aloysius Catholic Church Highway 127 921 Second Street, NE Hickory	CD / NS
Monday	7:00 pm	Flama Spanish Speaking Group 1735 1 st Avenue, NW, Apt 9 Hickory – 327-4517	
Monday	8:00 pm	Monday Night St. Mary's Group St. Mary's Episcopal Church St. Mary's Church Road Morganton	CD / NS
Monday	8:00 pm	Chesterfield First Step Recovery Foothills Detox/Crisis 2130 Highway 18 North Morganton	OD / NS
Monday	8:00 pm	Cornerstone Group North Minister Presbyterian 3730 North Center Hickory	CD / NS
Monday	8:00 pm	Forever New Comers Church of the Master 2230 29 th Avenue Drive, NE Hickory	CD / NS
Monday	8:00 pm	Maiden Group East Maiden Baptist Church 1400 E. Maiden Road Maiden	CD / NS
Monday	8:00 pm	Mountain View Group Mount Grove Baptist Church Route 8 Hickory	CD / NS
Monday	8:00 pm	Conover Group Trinity United Church of Christ 217 2 nd Avenue NE Conover	CD



Day	Time	Place	Comments
Monday	8:00 pm	Twin City Group Abernathy United Methodist Church West 13th Street Newton	CD / NS
Monday	8:00 pm	Serenity Seekers The Recovery Club Old St. Paul's Church Rd Newton	OD
Tuesday	12:00 Noon	Queen Street Club 923 East Union Street Highway 70 Morganton	OD / SM Brown Bag Bunch
Tuesday	12:00 Noon	High Noon Group St. Aloysius Catholic Church Highway 127 921 Second Street, NE Hickory	CD / NS
Tuesday	6:00 pm	Women's Faith & Gratitude Episcopal Church of Ascension 726 1st Avenue, NW Hickory	Women Only CD / NS
Tuesday	7:00 pm	Un Nuevo Dia Group The Recovery Club Old St. Paul's Church Rd Newton	OD / Spanish
Tuesday	8:00 pm	Tuesday Night Study Group Queen Street Club 923 East Union Street Highway 70 Morganton	C / SS
Tuesday	8:00 pm	Beginner's Group Queen Street Club 923 East Union Street Highway 70 Morganton	OD
Tuesday	8:00 pm	Twelve Step Study Group Calvary Baptist Church 201 South Main Avenue Newton	CD
Tuesday	8:00 pm	Bethlehem Cookies on the Table Mt Pisgah Lutheran Church Highway 127 Bethlehem	OD / NS
Tuesday	8:00 pm	Night Group Episcopal Church of Ascension 726 1st Avenue, NW Hickory	O / NS

Day	Time	Place	Comments
Tuesday	8:00 pm	1.2.3 Step Study Episcopal Church of Ascension 726 1st Avenue, NW Hickory	CD / NS
Wednesday	10:00 am	Flynn Home Group 721 West Union Street Morganton	CD / NS
Wednesday	10:00 am	Keep It Simple The Recovery Club Old St. Paul's Church Rd Newton	C / BS / NS
Wednesday	12:00 Noon	Queen Street Club 923 East Union Street Highway 70 Morganton	O / BS / SM Brown Bag Bunch
Wednesday	12:00 Noon	High Noon Group St. Aloysius Catholic Church Highway 127 921 Second Street, NE Hickory	CD / NS
Wednesday	7:00 pm	Flama Spanish Speaking Group 375 7th Avenue, SW Hickory – 327-4517	
Wednesday	8:00 pm	As Bill Sees It Queen Street Club 923 East Union Street Highway 70 Morganton	O / BS / NS
Wednesday	8:00 pm	Pass It on Group Flynn Home Group 721 West Union Street Morganton	OS
Wednesday	8:00 pm	New Home Group Flynn Home Group 721 West Union Street Morganton	OS / NS
Wednesday	8:00 pm	Women's Group Women's Resource Center 4th Street SW Hickory	Women Only CD / NS
Thursday	10:00 am	Keep It Simple The Recovery Club Old St. Paul's Church Rd Newton	C / BS / NS
Thursday	12:00 Noon	Queen Street Club 923 East Union Street Highway 70 Morganton	OD / SM Brown Bag Bunch



Day	Time	Place	Comments
Thursday	12:00 Noon	High Noon Group St. Aloysius Catholic Church Highway 127 921 Second Street, NE Hickory	CD / NS
Thursday	7:00 pm	Un Nuevo Dia Group The Recovery Club Old St. Paul's Church Rd Newton	OD / Spanish
Thursday	8:00 pm	Drexel Group Christ United Methodist Church Highway 70 Drexel	CD / NS
Thursday	8:00 pm	Morganton Central Group Queen Street Club 923 East Union Street Highway 70 Morganton	OS
Thursday	8:00 pm	New Hope Group First United Methodist Church 311 3 rd Avenue NE Hickory	OD / NS
Thursday	8:00 pm	Caldwell STEP Group Caldwell House 951 Kenham Place Lenoir	OD / BBS
Thursday	8:00 pm	Collettsville Mountaineer Group Ruritan Building Highway 90 Collettsville	OD / NS
Friday	12:00 Noon	Queen Street Club 923 East Union Street Highway 70 Morganton	OD / SM Brown Bag Bunch
Friday	12:00 Noon	High Noon Group St. Aloysius Catholic Church Highway 127 921 Second Street, NE Hickory	CD / NS
Friday	6:30 pm	Miracles in Progress Queen Street Club 923 East Union Street Highway 70 Morganton	O
Friday	8:00 pm	Flynn Home Group 721 West Union Street Morganton	OS



Day	Time	Place	Comments
Friday	8:00 pm	Catawba Central Group AHEC Building Catawba Valley Medical Center Hickory	OS / NS
Friday	8:00 pm	Bethlehem Group Mt Pisgah Lutheran Church Highway 127 Bethlehem	OD / SM
Friday	8:00 pm	Granite Falls Group Philadephia Lutheran Church Providence Road Granite Falls	CD / NS
Saturday	10:00 am	Saturday Morning Big Book Study Queen Street Club 923 East Union Street Highway 70 Morganton	O / BS
Saturday	10:00 am	Keep It Simple The Recovery Club Old St. Paul's Church Rd Newton	C / BS / NS
Saturday	8:00 pm	Living Sober Saturday Night Edition Queen Street Club 923 East Union Street Highway 70 Morganton	BBS
Saturday	8:00 pm	Hickory Saturday Night Group First Methodist Church 311 3rd Avenue Hickory	OS / NS
Saturday	8:00 pm	Lenoir Group First Presbyterian Church Boundary Street Lenoir	OD / MS
Saturday	8:00 pm	A New Start Foothills Detox/Crisis 2130 Highway 18 North Morganton	NS
Sunday	10:00 am	Sunday Morning Meeting Flynn Home Group 721 West Union Street Morganton	OD
Sunday	10:00 am	Sunday Morning Serenity Group Queen Street Club 923 E. Union Street Highway 70 Morganton	OD



Day	Time	Place	Comments
Sunday	7:00 pm	Un Nuevo Dia Group The Recovery Club Old St. Paul's Church Rd Newton	OD / Spanish
Sunday	8:00 pm	Come Alive Sunday Night Group St. James Episcopal Church College Avenue, NW Lenoir	OD / NS
Sunday	8:00 pm	Hildebran Group First Methodist Church Hildebran	OD / NS
Sunday	8:00 pm	Into Action Group Grace Episcopal Church 303 King Street Morganton	OD / NS
Sunday	8:00 pm	Living Sober Group Queen Street Club 923 E. Union Street Highway 70 Morganton	OD / NS
Sunday	8:00 pm	Serenity Seekers The Recovery Club Old St. Paul's Church Rd Newton	OS / SM

- O - Open (Anyone may Attend)**
C - Closed (Must have a desire to stop drinking to attend)
OD – Open Discussion
CD – Closed Discussion
OS – Open Speaker
CS – Closed Speaker
BS – Book Study
BBS – Big Book Study
BM – Beginner's Meeting
SM – Smoking Meeting
NS – Non-Smoking Meeting
SS – Step Study



Caldwell County



- **AA/Al-Anon**
Phone: 828-754-5148
- **A New Dimension (Lenoir IOP SA)**
Phone: 828-759-2921
- **Ambulance, Fire, other emergency**
Phone: 911
- **American Red Cross**
Phone: 828-754-4161
- **Annette Beam**
Phone: 828-758-8183
- **Baptist Children's Homes**
Phone: 828-754-7904
- **Baton Ruritan Club**
Phone: 828-728-2217
- **Bernhardt Industries Shoe Fund**
Phone: 828-759-6510
- **Bill Braswell, Ph.D.**
Phone: 828-757-3839
Home Phone: 828-437-6355
- **Bethel Colony of Mercy**
Phone: 828-754-3781
- **Blue Ridge Community Action**
Phone: 828-754-9085
- **Judy Bohlen, Psy.D.**
Phone: 828-754-0695
- **Caldwell Committee for Health Families**
Phone: 828-726-0323
- **Caldwell Community College and Technical Institute**
Phone: 828-726-2200
- **Caldwell Council on Adolescent Health**
Phone: 828-757-9020



- **Caldwell Council on Aging**
Phone: 828-758-2883
- **Caldwell County Clerk of Court**
Phone: 828-757-1375
- **Caldwell County Committee/Employment of Persons with Disabilities**
Phone: 828-757-5622
- **Caldwell County Department of Social Services**
Phone: 828-757-1180
After Hours Phone (Contact through Sheriff's Department) 828-758-2324
- **Caldwell County Health Department**
Phone: 828-757-1217
- **Caldwell County Hospice**
Phone: 828-754-0101
Fax: 828-757-3335
E-Mail: cchospice@twave.net
Website: www.caldwellhospice.org
- **Caldwell County Jail**
Phone: 828-759-1510
Jail Nurse (Tommy Lewis): Phone: 828-759-1502
- **Caldwell County Magistrate**
Phone: 828-757-1366
- **Caldwell County Preschool Interagency Coordination Council**
Phone: 828-757-5685
- **Caldwell County Probation**
Adolescent – Phone: 828-757-1351
Adult – Phone: 828-757-5633
Intensive – Phone: 828-757-5610
- **Caldwell County Public Library**
Granite Falls – Phone: 828-396-7703
Hudson – Phone: 828-728-4207
Lenoir – Phone: 828-757-1270



- **Caldwell County Rescue Squad**
Phone: 828-754-7117
- **Caldwell County Sheriff's Department**
Phone: 828-758-2324
Fax: 828-757-1381
- **Caldwell House**
Phone: 828-754-5148
- **Caldwell Memorial Hospital**
Phone: 828-757-5100
Emergency Room – Phone: 828-757-5292
- **Caldwell Pregnancy Care Center**
Phone: 828-757-9555
- **Caldwell Right to Life**
Phone: 828-754-5525
- **Caldwell Senior Center, Inc.**
Phone: 828-758-2883
- **Camp Carolwood**
Phone: 828-758-1467
- **Camp Ginger Cascades**
Phone: 828-758-5321
- **Choices in Child Care**
Phone: 828-757-8605
- **Collettsville Ruritan Club**
Phone: 828-758-2278
- **Communities in Schools/Smart Start**
Phone: 828-758-0128
- **Community Service Work Program**
Phone: 828-757-5615
- **The Counseling Center**
Tommy Jackson
Phone: 828-758-7928



- **Employment Security Commission**
Phone: 828-757-5622
- **Family Resource Center**
Phone: 828-757-8632
- **Gamewell Optimist Club**
Phone: 828-754-6541
- **Gamewell Ruritan Club**
Phone: 828-757-9441
- **Gamewell Senior Citizens Club**
Phone: 828-754-7746
- **Gateway Nursing Center**
Phone: 828-754-3888
- **Goodwill Industries, Inc. of Northwest North Carolina**
Phone: 828-758-7715
Fax: 828-758-7119
Website: www.goodwillnwc.org
- **Granite Falls Jaycees**
Phone: 828-396-2776
- **Granite Falls Lions Club**
Phone: 828-396-1704
- **Granite Falls Police Department**
Phone: 828-396-3358
- **Green Thumb, Inc. / Experience Works!**
Phone: 828-758-4890
Fax: 828-754-7511
Website: www.greenthumb.org
- **Guardian Ad Litem for Caldwell County**
Phone: 828-757-1411
- **Habitat for Humanity**
Phone: 828-757-8632
- **Happy Valley Ruritan Club**
Phone: 828-754-3810



- **Helping Hands Clinic, Inc.**
Phone: 828-754-8565 / 828-754-8567
E-Mail: helpinghands@twave.net
- **Highway Patrol**
Phone: 828-726-2500
- **Hudson EMS**
Phone: 828-757-1424
- **Hudson Optimist Club**
Phone: 828-728-2338
- **Hudson Police Department**
Phone: 828-728-5021
- **Hudson Rescue Squad**
Phone: 828-728-9024
- **Juvenile Court Counseling Services**
Phone: 828-757-1351
- **Kings Creek Ruritan Club**
Phone: 828-754-3252
- **Kiwanis Club of Lenoir**
Phone: 828-757-9640
- **Knights of Columbus – Lenoir**
Phone: 828-757-9598
- **Lenoir Housing Authority**
Phone: 828-758-5536
- **Lenoir Lion's Club**
Phone: 828-757-1121
- **Lenoir Living Center**
Phone: 828-758-7326
- **Lenoir Ministerial Association**
Phone: 828-754-3331



- **Lenoir Optimist Club**
Phone: 828-758-1098
- **Lenoir Park Assisted Living Retirement Community**
Phone: 828-757-7800
- **Lenoir Police Department**
Phone: 828-757-2100
- **Lenoir Rescue Squad**
Phone: 828-754-7117
- **Lenoir Soup Kitchen**
Phone: 828-758-1411
- **Oak Hill Ruritan Club**
Phone: 828-754-6128
- **Pinewood Plaza Apartments**
Phone: 828-396-4067
- **Public School Preschool Services**
Phone: 828-754-9612
- **Quality Care Center**
Phone: 828-758-8886
- **Rose Hill Rest Home**
Phone: 828-757-3760
- **Salvation Army**
Phone: 828-758-0165
- **Sawmills Optimist Club**
Phone: 828-728-6352
- **Shelter Home of Caldwell County**
Phone: 828-758-9888
- **South Caldwell Christian Ministries**
Phone: 828-396-4000
- **Special Olympics**
Phone: 828-728-8407



- **Retired and Senior Volunteer Program of Koinomia, Inc.**
Phone: 828-754-3000
- **United Way of Caldwell County**
Phone: 828-758-9300
- **Vocational Rehabilitation**
Phone: 828-294-0120
- **Volunteer Families for Children**
Phone: 828-754-1978
- **Whitnel Ruritan Club**
Phone: 828-726-1976
- **Women's Shelter (The Shelter Home)**
Phone: 828-758-0888
- **Yokefellow Christian Service**
Phone: 828-754-7088

Caldwell County Housing / Apartments

- **Koinonia Apartments**
Phone: 828-758-2617
- **LHS Apartments**
Phone: 828-754-0680
- **Pinewood Plaza Apartments**
Phone: 828-396-4067
- **Sunset Ridge Apartments**
Phone: 757-0005

Caldwell County Adult Care Homes

- **Caldwell Manor**
Phone: 828-754-5686
Fax: 828-754-0843
- **Camelot Manor Rest Home**
Phone: 828-396-3111



- **Gateway Nursing Center**
Phone: 828-754-3888
- **Graystone Manor Retirement Center**
Phone: 828-754-9397
- **Hilltop Rest Home**
Phone: 828-754-6106
Fax: 828-758-0539
- **Honey Hill Rest Home**
Phone: 828-758-9228
- **Lenoir Park**
Phone: 828-757-7800
Fax: 828-757-7804
- **Rose Hill Family Care Home**
Phone: 828-757-3760
- **Shaire Center**
Phone: 828-728-4673

Caldwell County Nursing Homes

- **Camelot Manor Nursing Care Facility, Inc.**
Phone: 828-396-2387
- **Gateway Nursing Center**
Phone: 828-754-3888
- **Lenoir HealthCare Center**
Phone: 828-758-7326
- **Restorative Care Subacute Unit**
Caldwell Memorial Hospital
Phone: 828-757-5585
- **Shaire Nursing Center**
Phone: 828-728-4673



Caldwell Area 12-Step Meetings

AA, AL-Anon, NA, Al-A-Fam, Women's AA, Dual Recovery Anon

Day	Time	Type	Place	Comments See Key
Sunday	9:00 am	Ala-Fam	Caldwell House 951 Kenham Place Lenoir	OD
Sunday	8:00 pm	AA Temporary Location	St. Francis Catholic Church Blowing Rock Blvd Lenoir	C / NS Near Wal-Mart
Monday	10:00 am	AA	Women's Resource Center 503 4 th Street, SW Hickory	NS
Monday	8:00 pm	DRA Dual Recovery Anonymous	Queen Street Clubhouse 923 East Union Street Highway 70 Morganton	For those with both SA and MH Issues OD
Monday	8:00 pm	AA	Foothills Detox/Crisis Center Highway 18 Chesterfield/Morganton	O / NS
Monday	8:00 pm	AA	Lower Creek Baptist Church Lower Creek Drive Lenoir	NS
Monday	8:00 pm	AA	Queen Street Clubhouse 923 East Union Street Highway 70 Morganton	Women Only
Monday	8:00 pm	NA Temporary Location	Central Advent Christian Church Corner of Willow and Harper Avenue Lenoir	Child Care Available C / NS
Tuesday	6:00 pm	AA	Episcopal Church of the Ascension 726 1 st Avenue NW Hickory	Women Only
Tuesday	8:00 pm	AA	First Presbyterian Church Corner of Boundary and Kirkwood Street Lenoir	O
Tuesday	8:00 pm	NA	Hoyle Upholstery 1317 Main Street, NW Lenoir	Small Building to the Side
Wednesday	10:00 am	AA	Women's Resource Center 503 4 th Street, SW Hickory	NS
Wednesday	7:30 pm	Al-Anon	Philadelphia Lutheran Church North Highland Avenue Granite Falls	Across from the Rec Ctr at Pinewood Drive



Day	Time	Type	Place	Comments See Key
Wednesday	7:00-9:00 pm	AA (Hispanic)	St. Francis Catholic Church Blowing Rock Blvd Lenoir	Spanish-Language Meeting
Wednesday	8:00 pm	AA	Ada Geitner Home 210 2 nd Street, SE Hickory	Women Only
Wednesday	8:00 pm	AA	Women's Resource Center 503 4 th Street, SW Hickory	Women Only
Wednesday	8:30 pm	AA Temporary Location	St. Francis Catholic Church Blowing Rock Blvd Lenoir	Note: Starts at 8:30 NS
Wednesday	8:00 pm	NA	Waldensian Presbyterian Church	
Thursday	10:00 am	AA	Women's Resource Center 503 4 th Street, SW Hickory	NS
Thursday	8:00 pm	AA	Caldwell House 951 Kenham Place Lenoir	Call 754-5148 for Directions
Thursday	8:00 pm	AA	Ruritan Building Collettesville	Across from Fire Station & Post Office
Thursday	12 Noon (Call to Confirm)	Al-A-Fam	Caldwell Community College 2855 Hickory Blvd Hudson (E Bldg, 3 rd Floor)	Contact: Cheryl M. 726-2342
Friday	12:30 pm	AA	Episcopal Church of the Ascension 726 1 st Avenue NW Hickory	
Friday	8:00 pm	AA	Philadelphia Lutheran Church North Highland Avenue Granite Falls	Across from the Rec Ctr at Pinewood Drive
Friday	8:00 pm	Al-Anon	Philadelphia Lutheran Church North Highland Avenue Granite Falls	Across from the Rec Ctr at Pinewood Drive
Friday	8:00 pm	NA	Foothills Detox/Crisis Center Highway 18 Chesterfield/Morganton	On Left Side behind Chesterfield Fire Department
Friday	8:00 pm	DRA Dual Recovery Anonymous	Queen Street Clubhouse 923 East Union Street Highway 70 Morganton	For those with both SA and MH Issues
Saturday	10:00 am	AA	Women's Resource Center 503 4 th Street, SW Hickory	0



Day	Time	Type	Place	Comments See Key
Saturday	11:30 am	DRA Dual Recovery Anonymous	Queen Street Clubhouse 923 East Union Street Highway 70 Morganton	For those with both SA and MH Issues OD
Saturday	8:00 pm	AA	First Presbyterian Church Corner of Boundary and Kirkwood Street Lenoir	
Saturday	8:00 pm	NA	Central Advent Christian Church Corner of Willow and Harper Avenue Lenoir	NS

Open – Meeting open to anyone interested in the program

Closed – Meeting for Alcoholics and Addicts Only

NS – Non-Smoking

D – Discussion

SS – Step Study

S – Speaker

**To verify meeting, call the Caldwell Mental Health Center at
828-757-5660**

NA Answering Service (Meeting Information): 828-323-3752

NA Hotline: 800-827-9106

AA Hotline: 828-327-4911



McDowell County



- **Alcoholics Anonymous**
Phone: 828-652-8428
- **American Red Cross**
Phone: 828-652-6531
E-Mail Address: redcross@wnclink.com
- **Christian Clothing Center**
Phone: 828-652-1410
- **Community Assistance Program**
Phone: (828) 756-0082
- **Eagle Cab**
Phone: 828-652-2151
- **Family Services of McDowell County, Inc.**
Phone: 828-652-8538
For Emergencies – Call Crisis Line 828-652-6150
- **Friendship Home**
Phone: 828-659-6490
- **Greyhound Bus Terminal**
Phone: 828-738-0604
- **Health Plus Walk in Clinic**
Phone: 828-652-1400
- **Helping Hand Shop**
Phone: 828-659-1474
- **Hospice of McDowell, Inc.**
Phone: 828-652-1318
Fax: 828-659-1631
- **Isothermal Commission**
Phone: 828-287-2281
- **Land of Sky Regional Council**
Phone: 828-251-6622
- **Marion Police Department**
Phone: 828-652-3231 (Non-Emergencies)
Fax: 828-652-2977



- **Maxwell M. Corpening, Jr. Memorial Foundation**
Phone: 828-652-0819
- **Maxwell M. Corpening, Jr. YMCA**
Phone: 828-659-9622
- **McDowell Arts and Crafts Association (MACA)**
Phone: 828-652-8610
- **McDowell Care Center**
Phone: 828-652-8428
- **McDowell Clerk of Court**
Phone: 828-652-7717
- **McDowell Council on Aging**
Phone: 828-652-8953
- **McDowell Council on Alcohol and Drug Abuse, Inc.**
Phone: 828-652-8428
Fax: 828-652-8428
- **McDowell County Assessors Office**
Phone: 828-652-7121
Fax: 828-652-8735
- **McDowell County Department of Social Services**
Phone: 828-652-3355
Fax: 828-652-9167
After Hours (Contact through Sheriff's Department)
Phone: 828-652-4000
- **McDowell County Dread Disease Society**
P O Box 2006
Marion, NC 28752
- **McDowell County Emergency Management Agency**
Business Phone Office: 828-652-3982
Website: mcdems@wnclink.com
- **McDowell County Health Department**
Phone: 828-652-6811



- **McDowell County Home Health Agency**
Phone: 828-659-6901
Fax: 828-659-6401

- **McDowell County Hospice**
Phone: 828-652-1313

- **McDowell County Law Enforcement / Medical**
Phone: 911

- **McDowell County Magistrates Office**
Phone: 828-652-5430

- **McDowell Probation**
Adolescent - Phone: 652-9640
Adult - Phone: 652-7919
Intensive - Phone: 659-2814

- **McDowell County Public Library**
Phone: 828-652-3858
Fax: 828-652-2098
Website: www.main.nc.us/libraries/mcdowell
Marion Davis Branch Library
Phone: 828-668-7111
Fax: 828-668-7111

- **McDowell County Register of Deeds**
Phone: 828-652-4727
Fax: 828-652-1537
E-Mail: register@mcdowell.main.nc.us

- **McDowell County Senior Center**
Phone: 828-652-8953
Fax: 828-652-8723
E-Mail: mcds@mcdowell.main.nc.us

- **McDowell Hospital**
Phone: 828-659-5000
Phone: 828-659-5112
Outreach Coordinator - Phone: 828-659-5406
Health II - Phone: 828-659-5401
Rehabilitation Services - Phone: 828-659-5185
Fax: 828-659-5383
Home Care Agency - Phone: 828-659-5406
Emergency Room - Phone: 828-659-5175



- **McDowell Sheriff's Department**
Phone: 828-652-4000
Fax: 828-652-8910

- **McDowell Mission Ministry**
Phone: 828-659-3981
Cellular: 828-606-2141
Residence: 828-652-3452
Women's Home Phone: 828-659-6490
Website: www.mcdowellmission.com

- **McDowell Women's Shelter**
Phone: 828-652-6150

- **NC Cooperative Extension (McDowell Co. Center)**
Phone: 828-652-8104
Fax: 828-652-8104
Website: <http://www.ces.ncsu.edu/mcdowell>

- **NC Seniors Advisory Council**
Phone: 828-255-8430

- **Old Fort Police Department**
Phone: 828-668-7474

- **Salvation Army Thrift Store**
Phone: 828-659-2522

- **Sarah Wells Counseling**
Phone: 828-652-4333

- **Senior Center – Marion**
Phone: 828-652-8953

- **Senior Center – Old Fort**
Phone: 828-668-4867

- **Senior Health Line (Mission St. Joseph's)**
Phone: 828-271-6909

- **Social Security Administration**
Phone: 828-251-9941

- **Teen Crises Line**
Phone: 1-800-367-7287



- **VA Medical Center**
Phone: 828-298-7911
- **Vocational Rehabilitation Services**
Phone: 828-652-2826
- **Women's Shelter**
Phone: 828-652-6150

Nursing Homes – McDowell County

- **Autumn Care**
Phone: 828-652-6701
- **McDowell Nursing Center**
Phone: 828-652-3032

Rest Homes – McDowell County

- **Cedarbrook Residential Center**
Phone: 828-652-4633
- **Lake James Lodge**
Phone: 828-652-3038
- **Mountain View Care Center**
Phone: 828-652-2504
- **McDowell Assisted Living**
Phone: 828-652-3033
- **McDowell House**
Phone: 828-652-5458

Family Care Homes – McDowell County

- **Gowan Family Care Home**
Phone: 828-652-6690



- **Fairview Assisted Living**
Phone: 828-652-7175
- **Mountain View Family Care**
Phone: 828-652-8534
- **Nebo Family Care**
Phone: 828-652-5297
- **Rocky Pass Family Care**
Phone: 828-652-7058
- **Truett's Family Care**
Phone: 828-652-6256
- **Wintergreen Assisted Living**
Phone: 828-652-3988
- **Zion Hill Family Care**
Phone: 828-738-4310

DDA/ICF Group Homes McDowell County

- **ComServ ICF for Children**
Phone: 828-652-3524
- **East Court Group Care, Inc. #1**
Phone: 828-652-8755
- **McDowell Group Care**
Phone: 828-652-3931
- **Nebo Group Home**
Phone: 828-652-7613



McDowell Area 12-Step Meetings

AA, AL-Anon, NA, ACOA

Day	Time	Type	Place	Comments
Sunday	8:00 pm	AA	St. John's Parish House Main Street Marion	
Monday	12 Noon	AA	McDowell Care Center 17 North Garden Street Marion	652-8428
Monday	8:00 pm	NA	St. John's Parish House Main Street Marion	
Tuesday	8:00 pm	NA	McDowell Care Center 17 North Garden Street Marion	
Wednesday	12 Noon	AA	McDowell Care Center 17 North Garden Street Marion	
Wednesday	8:00 pm	AA	St. John's Parish House Main Street Marion	
Wednesday	8:00 pm	Al-Anon	St. John's Parish House Main Street Marion	
Thursday	8:00 pm	NA	McDowell Care Center 17 North Garden Street Marion	
Friday	12 Noon	AA	McDowell Care Center 17 North Garden Street Marion	
Friday	8:00 pm	AA	St. John's Parish House Main Street Marion	
Saturday	8:00 pm	AA	Old Fort Kiwanis Club Across from Old Fort Police Department	
Saturday	7:00 pm	Al-Anon	Old Library Building 1 Spring Street Old Fort	

A Answering Service (Meeting Information): 1-800-44 WE CAN (1-800-449-3226

**Open – Meeting open to anyone interested in the program
Closed – Meeting for those who desire to stop drinking/drugging**



Prison AA and NA Meetings			
Monday	6:00 pm	NA	Big Prison
Tuesday	6:00 pm	NA	Little Prison
Thursday	6:00 pm	AA	Big Prison
Friday	6:00 pm	AA	Little Prison

Other Resources



- **5th Street Shelter in Statesville**
Phone: 704-872-4045

- **Alcohol/Drug Council of NC**
Phone: 800-688-4232
Website: <http://www.alcoholdrughelp.org>

- **ADATC**
Administration – Phone: 828-669-3402
Fax: 828-669-3476
Admissions – Phone: 828-669-3412
Involuntary Detox – Phone: 877-535-8777 (Toll Free)
Nurse Manager – Phone: 828-669-3469

- **Autism Society of NC**
Phone: 919-743-0204
Website: <http://www.autismsociety-nc.org>

- **Alzheimers Association of WNC**
Phone: 828-254-7363
Caregiver Helpline: 1-800-522-2451
Website: alzwncc@brinet.com

- **American Heart Association**
Phone: 828-323-8717

- **ARCA – Winston-Salem**
Phone: 336-784-9470

- **Bed Availability / Referrals**
Phone: 800-418-2065 (Toll Free)
(Clients with Medicaid, Medicare or Private Insurance require a minimum of three (3) denials prior to referral to Broughton)
CMC Randolph
Amethyst at Scotland Memorial
Mercy Hospital
Kings Mountain Hospital
First Step at Union Regional Medical Center
Cannon Hospital

- **Blind Services - NC Division of Services for the Blind**
Phone: 828-251-6732



- **Cannon Memorial**
Phone: 828-737-7000
- **Caring Program**
Phone: 800-742-KIDS (Toll Free)
- **CareLine**
Phone: 919-733-4261
- **Catawba County Council on Adolescents**
Phone: 828-322-4591
- **Catawba Memorial Hospital**
Phone: 828-326-3700
Psych Services – Phone: 828-326-2828
- **Children’s Home Society of North Carolina, Inc.**
Phone: 828-258-1661
Phone: 800-632-1400 (Toll Free)
Website: <http://www.chsnc.org>
- **Christian Community Outreach Ministry**
Phone: 828-328-1803
- **Cognitive Connections**
Phone: 327-6026
- **Consumer Protection Agency**
Department of Justice
Phone: 919-716-6000
Fax: 919-716-6050
Website: www.jus.state.nc.us
- **Dimensions**
Phone: 800-345-6998 (Toll Free)
- **Exceptional Children’s Assistance Center**
Phone: 800-962-6817 (Toll Free)
- **Family Guidance Center**
Phone: 828-322-1400
- **Family Support Network of Catawba County**
Phone: 800-822-3477 (Toll Free)



- **Family Violence Hotline**
Phone: 704-585-2900
Phone: 800-728-3413 (Toll Free)
- **Fellowship Hall**
Phone: 336-621-3381
- **First Step Farm – Men’s Facility**
Phone: 828-667-0587
- **First Step Farm – Women’s Facility**
Phone: 828-667-0303
- **First Step – Monroe**
Phone: 800-446-6774 (Toll Free)
- **Douglas Freeman, Ph.D.**
Phone: 828-322-8736
- **Frye Hospital**
Phone: 828-322-6070
- **Frye South**
Phone: 828-328-2226
Phone: 800-784-3793 (Toll Free)
Pat Jones – Phone: 828-345-5858
- **Gaston Lincoln Facility Based Crisis**
Phone: 704-854-4204
- **Gary Indenbaum, Ph.D.**
Phone: 828-324-6397
- **Health Choice/Health Check**
Phone: 800-367-2229
- **Legal Aid**
Phone: 800-849-5195 (Toll Free)
- **Life Center of Galax**
Phone: 800-345-6998 (Toll Free)
- **Thomas McLean, M.D. _(Psychiatrist)**
Phone: 828-324-9900



- **Medical Review of NC**
Phone: 1-800-722-04683
- **Medicare – Federal**
Phone: 800-638-6833
- **Medicare – State**
Phone: 800-443-9354
- **Michelle McLain, MA, LPC**
Phone: 828-328-4313
- **Mission St. Joseph’s Hospital (Copestone)**
Phone: 828-258-6555
- **NC Attorney General (Consumer Protection)**
Phone: 919-733-7741
- **NC Baptist Hospital**
Phone: 336-713-9000
Physician’s Access Line – Phone: 336-716-7654
- **NC Department of Insurance’s Consumer Services Division**
Phone: 800-662-7777 (Toll Free)
- **NC Seniors Advisory Council**
Phone: 828-255-8430
- **Office of Juvenile Justice**
Phone: 828-465-1911
- **Mary Nelson, MSW**
Phone: 828-256-9853
- **Oakwood Place – Hickory (IOP SA)**
Phone: 828-327-4156
- **Planned Parenthood**
Phone: 800-438-1019 (Toll Free)
- **Poison Control Center**
WNC Asheville Office (24 Hours)
Phone: 1-800-542-4225



- **Presbyterian Hospital – Charlotte**
Phone: 704-384-4074
Phone: 384-2273
- **Salvation Army - Asheville**
Phone: 828-254-6351
- **Salvation Army - Hickory**
Phone: 828-324-6919
- **Rudy Santoso, M.D. (Psychiatrist)**
Phone: 828-324-4143
- **SHIIP (Senior Health Insurance Insurance Program)**
Phone: 1-800-662-7777
- **Social Security and SSI Benefits**
Phone: 800-772-1213 (Toll Free)
- **Special Olympics of NC**
Phone: 800-843-6276 (Toll Free)
- **Swain Recovery Center**
Phone: 828-669-4161
- **UNC Neurosciences Hospital (Chapel Hill)**
Phone: 919-966-8720
- **US Health and Human Services**
Phone: 800-444-6472 (Toll Free)
- **Veteran’s Administration**
Asheville – Phone: 828-298-7911
Salisbury – Phone: 800-469-8262 (Toll Free)
- **Western Piedmont Council of Governments**
Phone: 322-9191
- **Youth Focus, Inc. — Adolescent Substance Abuse Program**
301 East Washington Street
Greensboro, NC 27401
Phone: 336-333-6853
- **Western Piedmont Housing Authority**
Phone: 828-322-9191



- **WNC Rescue Mission**
Phone: 828-254-0471

- **Women's Shelter of Wilkes**
Phone: 336-667-7656
Call to Verify Availability

- **Suzi and Tom Woodard**
Phone: 828-265-1535

- **John Worm, Ph.D.**
Phone: 828-322-8736

- **Alamance Regional Medical Center, Inc.**

1240 Huffmill Rd.
Burlington, NC 27216

To Make a Referral: Contact Behavioral Medicine Dept. @ 336/538-7887 or 1-800-522-9418. Contact the Emergency Room 336/538-7050 after 10pm and before 10 am.

Additional Information: Facility will accept patients with serious physical illnesses, all levels of mental retardation, and behaviors that can be managed with 1 on 1 staffing.

- **Behavioral Health Center Pineville**

9600 Pineville Matthews Rd.
Pineville, NC 28134

To Make a Referral: Contact Needs Assessment and Referral Center 1-800-418-2065 and ask for Access Dept.

Additional Information: Work typically with private providers or insurance companies Offer free initial assessment, intensive outpatient and partial hospitalization.

Children and Youth: Residential - Age limit 12 and up 10 limit at least 60

- **Behavioral Healthcare: Melrose Center (Formally Cumberland Hospital)**

3425 Mellrose Rd.
Fayetteville, NC 28309

To Make a Referral: (Adults): 910/609-3052 or 910/609-3000 (switchboard)

Additional Information: Facility will accept patients with some medical illnesses.

Reimbursement Note: Will accept Medicare; receives Medicaid reimbursement for persons only under the age of 21 or over the age of 64. If a child is under 21 and receives acute care, Medicaid will reimburse. Medicaid will not reimburse for long-term care.



Children and Adolescent: Contact Intake worker @ 1-800-659-5546
Age limit (6-12), (12-18)
IQ limit prefer at least 70. but will evaluate lower IQ on case-by-case basis;

Unable to manage: prefer stable clients, but will consider medical clearance on case-by-case basis;
Diagnoses riot accepted: no particular problem diagnoses

- **Brynn Marr Behavioral Healthcare System**
192 Village Dr.
Jacksonville, NC 28546

To Make a Referral: Contact Crisis Line 1-800-822-9507

Additional Information: Facility will not accept patients with serious physical illnesses.

Directions to the facility will be given via telephone.

Reimbursement Note: Will accept Medicare; but receives Medicaid reimbursement for persons only under age 21 or over the age of 64.

Children and Youth:
Age limit 5-12 (child) and 13-17 (youth)
IQ limit none

- **Cannon Memorial Hospital**
434 Hospital Drive
P.O. Box 767
Linville, NC 27646

To Make a Referral: Contact Cannon Psychiatric Center @ 828/737-7000

Additional Information: Facility will accept patients with physical illnesses on a case by case basis.
Accepts Adults age 18 or older only

- **Catawba Memorial Hospital**
810 Fairgrove Church Road. SE
Hickory, NC 28602

To Make a Referral: Contact On Duty RN (828/326-3700)



Additional Information: Facility will not accept patients with serious physical illnesses.

Children and Youth: No inpatient children or youth services.

Referral: Primary referrals taken from local catchment area .All other referrals on case by case basis.

- **Coastal Plain Counseling Center and Hospital**

2301 Medpark Drive
Rocky Mount, NC 27804

To Make a Referral: Contact Crisis Line @. 1-800-234-0234.

Additional Information: Facility will accept patients with some medical illnesses and patients with severe behavior disorders. No inpatient children or youth services.

Reimbursement Note: Will take Medicare, Medicaid and commercial insurance

- **Durham Regional Hospital – Psychiatric Service**

3463 N. Roxboro Rd.
Durham, NC 27704-2763

To Make a Referral: Contact Crisis Line @ 919/470-6226 or Nurse's Station 919/470-6137; back-up person is Susan Greenburg, Administrator 919/470-6600.

Additional Information: Facility will accept patients with serious physical illnesses, patients with extreme behavior disorders, and patients who are very dangerous. Access up to four beds for patients with mental retardation should be available.

Adolescent:

Age limit age 16-17; beds located on the Adult Unit
IQ limit must speak with physician or nurse in charge
Diagnoses not accepted determined on a case by case basis
Involuntary commitment acceptance if approved in advance

- **Frye Regional Medical Center (South Campus)**

One Third Ave. N.W.
Hickory, NC 28601



To Make a Referral: Contact Sharon Mathas 828/345-5851 or On Duty Referral Person @ 704/328-2226 (you may reach an answering machine and need to press 16 to reach admitting)

Additional Information: Facility will accept patients with some serious physical illnesses, patients with severe behavior disorders, and patients who are very dangerous. Access has expanded to 10 beds.

Children and Youth: No longer available.

- **Gaston-Lincoln Area Program Facility Based Crisis Center**

2505 Court Dr.
Gastonia, NC 28054

To Make a Referral: Contact Linda Lawson or her designee 24/7 at The Crisis Center: 704/854-4204

Additional Information: This six-bed facility is not designated to treat involuntary committed adults, but involuntary committed children are considered: persons with low levels of dangerousness can be served.

Children and Youth:

A limit Ambulatory persons age 12 and older are considered for admission. 10 limit those with mental retardation must be within the mild or moderate range: Unable to manage clients with serious physical illnesses are unlikely to be accepted.

- **Good Hope Hospital**

P.O. Box 668
Erwin, NC 28339

To Make a Referral: Contact Crisis Line @ 910/897-2119 or 910/897-6151 and ask for extension 201.

Additional Information: Facility will not accept patients with serious physical illnesses. Area Program has contracted with the facility for 1 bed but will accept clients outside of AP catchment area. Facility will accept patients who have difficult or challenging behaviors.

- **High Point Regional Hospital**

P0 Box HP-S
High Point, NC 27261

To Make a Referral: Contact Assessment Unit @ 1-800-525-9375 or 336/878-6098



Additional Information: Facility will not accept patients with serious physical illnesses.

Children and Youth: This facility will accept only emancipated youth on case by case basis. No one under age 18 has been served at this facility.

- **Kings Mountain Hospital, Inc.**
P Box 339
Kings Mountain, NC 28086

To Make a Referral: Contact On Duty Nurse from Psychiatric Unit / 704/739-3601

Additional Information: Facility will accept patients with serious physical illnesses.

Children and Youth: no children or youth inpatient services

- **Moore Regional Medical Center**
P.O. Box 3000
Pinehurst, NC 28374

To Make a Referral: Contact Assessment Team @ 910-215-1000 (if a machine answers push "0" to reach a person, then ask for the Assessment Team). Telephone referrals may be made only during the following times: M-F, 8 am until midnight; on Saturdays, 11 am - 11 pm; and on Sundays, 10 am - 10pm. At other times, the patient must come to the ER.

Additional Information: Facility will accept patients with serious physical illnesses.

- **North Carolina Baptist Hospitals**
Medical Center Blvd.
Winston-Salem, NC 27157

To Make a Referral: Call the admissions office @ 336/716-4635. After hours call the emergency room @ 336/713-9000 or the Physician's Access Line @ 336-716-7654, 716-2252

Children and Youth:

Age limit 5-18

IQ limit: Must speak with physician or nurse in charge

Diagnoses not accepted determined on a case by case basis



Involuntary commitment acceptance yes, if approved in advance

- **The Oaks @ New Hanover Regional Medical Center**
1980 Savannah Ct.
Wilmington, NC 28403-9000

To Make a Referral: Contact Screening Department
(1-800-622-OAKS(6257). 910-343-7121 or 910/343-7787.

Additional Information: Facility will accept patients with serious physical illnesses on a caseby case basis.

- **Park Ridge Hospital**
P.O. Box 1569
Fletcher, NC 28732

To Make a Referral: Contact Screening Department (828-681-2272)
Diagnoses not accepted determined on a case by case basis: primary diagnoses must be psychiatric

- **Partners Psychiatric Center at Beaufort County Hospital**
628 E. 12 Street
Washington, NC 27889

To Make a Referral: Complete Referral Assessment form (attached);
contact On Call Therapist @ 252/975-4416 or 1-800-425-6266 to make a referral.

Additional Information: Facility will accept patients with some medical illnesses.

Children and Youth: No inpatient services for children and youth

- **Pitt County Memorial Hospital**
P.O. Box 6028
Greenville, NC 2783 5-6028

To Make a Referral: Contact Triage Nurse @ 252/413-4117 (beeper) or 1-877-718-1893. If there are questions regarding an admission referral that occurs after hours, please page June Woolard, Pitt Memorial's Triage Director 252/413-4086

Additional Information: Facility will accept patients with serious physical illnesses who are medically cleared, patients with very challenging behaviors, and patients who are very dangerous.



Access to 10 beds are available.

- **Presbyterian Hospital**

200 Hawthorne Lane
Charlotte, NC

To Make a Referral: Contact Admissions @ 704/384-4255 (24hrS.).
Additional Information: program is not designed to handle clients with moderate mental retardation but can handle clients with mild MR.
Partial hospitalization program.
Outpatient program, specialty center for hyperactivity disorder.

Children and Youth:

Age limit 7 to 18

IQ Limit: none

Special Needs: This unit can handle children with mild medical needs.

- **Roxie Avenue Center of Cumberland Area Program**

1724 Roxie Ave.
Fayetteville, NC 28304

To Make a Referral: Contact Chris Dempster (8-5, M-F) or Nurses' Station (until 10 PM) @ 910/484-1212. For face to face, between 10 PM & 8 AM, contact either Cape Fear Valley Medical Center (ER) @ 910/609-6167 or Behavioral Healthcare-Melrose Center (ER) @ 910/609-3052.

Additional Information: Facility will not accept patients with serious physical illnesses. Priority will be given to serving residents of Cumberland MH/DD/SA catchment area. Up to 3 beds are available for Thomas S. Diversion that provides a sub-acute level of care. Roxie Avenue's staff will assist in assertive outreach if the client does not meet admission criteria.

Children and Youth: Children and youth are not served.

- **Mission of Saint Joseph's Health Hospital**

428 Biltmore Ave.
Asheville, NC 28801

To Make a Referral: Contact Intake Department @ 828/213-1111

Additional Information: Facility will accept patients with serious physical illnesses.



Children and Youth:

Age: Adolescent 12-18

IQ Limit case by case basis

Number of Beds: 9; accepts voluntary and involuntary

Diagnoses not accepted determined on case by case basis

- **Stanly Memorial Hospital**

301 Yadkin St.

Albemarle, NC 28002

To Make a Referral: Contact Nurse on Duty (704/984-4492)

Additional Information: Facility will accept patients with serious physical illnesses on a case by case basis.

Children and Youth: No inpatient services for children and youth.

- **UNC Neurosciences Hospital (Chapel Hill)**

101 Manning Drive

Chapel Hill, NC 27514

To Make a Referral: Contact Psychiatric Admission Office @ 919/966-8720 (8-5, M-F) or Diana Perkins @919/966-5711 (Pager) #: 919/216-1860) or after 5 pm, contact ER Resident @ 919/966-4721 or 216-3832 (on-call resident pager).

Additional Information: Facility will accept patients with serious physical illnesses and will accept patients with extremely challenging behaviors and who are very dangerous. Access to five beds for patients with mental retardation are available in the MI/DD Unit.

Children and Youth:

Age limit 4-12 (child); 13-17 (adolescent)

IQ limit no limit however, must speak with physician or nurse in charge.

Diagnoses not accepted determined on a case by case basis.

Involuntarily commitment acceptance yes, if approved in advance.

Number of beds 10 for each child and adolescent

- **Wayne Memorial Hospital**

2700 Wayne Memorial Dr.

Goldsboro, NC 27533

To Make a Referral: Contact admissions coordinator @919/731-6255



Additional Information: Priority given to Wayne Co. residents. Accepts voluntary admissions only.

Children and Youth:

Age limit 7-12 (child) and 13-17 (adolescent)
IQ limit must speak with physician or nurse in charge
Diagnoses not accepted determined on a case by case basis